



WINGS *and* **RINGS**®

Game On STARTERS *and* SIDES

NEW **SMOKY CHILI CHEESE LOADED FRIES** **LG**
Topped with chili, Cheddar Jack, sliced jalapeños and crispy sweet smokin' onions. (515-1,030 cal.)
(half portion available)

NEW **BUFFALO BLEU LOADED FRIES** **LG**
Topped with queso, Buffalo Medium, Bleu Cheese crumbles, scallions and our homemade Bleu Cheese Dip. (585-1,170 cal.)
(half portion available)

FRIED PICKLE CHIPS **VE**
Breaded and fried to perfection, served with ranch dressing. (285-470 cal.)
(half portion available)

JUMBO STUFFED TOTS
Oversized house-made tater tots, stuffed with bacon and cheese. Topped with fresh jalapeños, cilantro, and chipotle ranch. (321-642 cal.)
(half portion available)

 **CLASSIC ONION RINGS**
Our thick-cut crumb-breaded onion rings served with your choice of Bleu Cheese Dip or ranch. (442-1,080 cal.)
(half portion available)

 **BUFFALO CHICKEN NACHOS**
Tortilla chips topped with Buffalo Hot chicken, lettuce, tomatoes, red onions, jalapeños, queso blanco, and Cheddar Jack. Choose Bleu Cheese Dip or ranch dressing for dipping. (820 cal. + dipping sauce)

MOZZARELLA STICKS
Served with marinara dipping sauce. (665 cal.)

 **PRETZEL BITES**
Soft and airy deep-fried pretzel bites, served with queso dipping sauce; topped with fresh jalapeños, and cilantro. (485-783 cal.)
(half portion available)

PARMESAN GARLIC AIOLI FRIES **VE**
Natural cut fries topped with garlic aioli and shaved Parmesan cheese. (1,157 cal.)
(half portion available)

CHILI CON QUESO **LG**
Queso blanco topped with chili and cilantro, served with tortilla chips. (529 cal.)

NEW **BYO** *Sampler*

Build Your Own Appetizer Sampler.
Choose three of the below, served with dipping sauces.

- Pretzel Bites & Queso
- Parmesan Garlic Aioli Fries
- Smoky Chili Cheese Loaded Fries
- Buffalo Bleu Loaded Fries
- Jumbo Stuffed Tots
- Mozzarella Sticks
- Onion Rings
- Fried Pickles
- 4 Boneless Wings with Buffalo Medium on the side



GF=GLUTEN FREE LG=LOW GLUTEN VE=VEGETARIAN

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FAN FAVORITE SIDES

NATURAL CUT FRIES **LG**
(304 cal.)

SARATOGA CHIPS **LG**
(221 cal.)

BROCCOLI **GF**
(72 cal.)

UPGRADED SIDES

ONION RINGS
(442 cal.)

SEASONED POTATO WEDGES **LG**
(302 cal.)

PARMESAN GARLIC AIOLI FRIES **LG**
(579 cal.)

CHEDDAR & BACON FRIES **LG**
(295 cal.)

New! **LOADED FRIES** **LG**
(378 cal.)

LOADED CAULIFLOWER
(378 cal.)

New! **WHITE CHEDDAR MAC**
(505 cal.)

SIDE SALAD
(70-390 cal.)

CHILI **GF**
(397 cal.)

Add **ANY DRY RUB OR QUESO**
(5-119 cal.)

SHAREABLE SIZES

NATURAL CUT FRIES **LG**
(608 cal.)

SARATOGA CHIPS **LG**
(442 cal.)

SEASONED POTATO WEDGES **LG**
(604 cal.)

Classic FAVORITES AND NEW PORTIONS

For every appetite from snackable sides to shareable starters, get the flavors you love in sizes that fit any craving.

NEW HALF
1/2
PORTIONS

LARGE AND
Meaty **WINGS**

We don't settle for average wings. We source premium, extra-meaty chicken wings that deliver a juicy, tender bite every time.



SAUCE & RUB
30
FLAVORS

TRY OUR
Sauce **FLIGHT**

Get your favorite wing style unsauced with 3 dipping sauces on the side.

any order of
5 or 10 wings

Craveworthy
WINGS and SAUCES



BONELESS

GRILLED **GF** OR FRIED

Tender, juicy, all-white-meat chicken, grilled or fried and tossed in your choice of sauce or dry rub.

- 5** 220 – 290 cal.
- 10** 450 – 570 cal.
- 15** 670 – 860 cal.
- 20** 900 – 1,140 cal.



TRADITIONAL LG

Classic bone-in wings, cooked until crispy and tossed in your choice of sauce or dry rub.



SOUTHERN FRIED

Crunchy, juicy, beer battered, traditional wings. Your choice of sauce or dry rub on side.

- 5** 396 cal.
- 10** 791 cal.
- 15** 1,187 cal.
- 20** 1,583 cal.



CAULIFLOWER LG

Crispy Cauliflower wings, lightly breaded and fried; ready to get saucy.

A fresh spin on classic wings. (431 cal.)

- | XTRA HOT | HOT | MEDIUM | MILD |
|---|-----|--------|------|
| ATOMIC (18–49 cal.) GF | | | |
| GHOST PEPPER RANCH (209–813 cal.) GF | | | |
| GARLIC PARMESAN XTRA HOT (80–470 cal.) GF | | | |
| ROASTED GARLIC XTRA HOT (80–470 cal.) GF | | | |
| BUFFALO XTRA HOT (20–830 cal.) GF | | | |
| SWEET HABANERO (25–150 cal.) GF | | | |
| HOT HONEY (229–915 cal.) | | | |
| SMOKEHOUSE BBQ HOT (60–360 cal.) GF | | | |
| KOREAN (153–589 cal.) | | | |
| NASHVILLE HOT DRY RUB (20–80 cal.) | | | |
| GARLIC PARMESAN HOT (80–470 cal.) GF | | | |
| ROASTED GARLIC HOT (80–470 cal.) GF | | | |
| BUFFALO HOT (20–830 cal.) GF | | | |
| BLUEBERRY CHIPOTLE BBQ (151–588 cal.) | | | |
| SWEET SMOKIN' DRY RUB (18–72 cal.) | | | |
| SMOKEHOUSE BBQ (60–360 cal.) GF | | | |
| GARLIC-Q (60–370 cal.) GF | | | |
| SWEET THAI CHILI (80–510 cal.) | | | |
| CAJUN DRY RUB (5–20 cal.) | | | |
| GARLIC PARMESAN MEDIUM (80–470 cal.) GF | | | |
| ROASTED GARLIC MEDIUM (80–470 cal.) GF | | | |
| BUFFALO MEDIUM (20–830 cal.) GF | | | |
| LEMON PEPPER DRY RUB (5–20 cal.) GF | | | |
| LEMON PEPPER (5–20 cal.) GF | | | |
| GARLIC PARMESAN (80–500 cal.) GF | | | |
| ROASTED GARLIC MILD (80–470 cal.) GF | | | |
| BUFFALO MILD (20–830 cal.) GF | | | |
| BOURBON BBQ (90–540 cal.) GF | | | |
| HONEY BBQ (74–444 cal.) GF | | | |
| TERIYAKI (60–360 cal.) | | | |

FAN FAVORITE SIDES

- NATURAL CUT FRIES LG**
- SARATOGA CHIPS LG**
- BROCCOLI GF**

Large, sharing size available for Fries, Saratoga Chips, and Wedges

ADD YOUR FAVORITE side

UPGRADED SIDES

- ONION RINGS**
- SEASONED POTATO WEDGES LG**
- PARMESAN GARLIC AIOLI FRIES LG**
- CHEDDAR & BACON FRIES LG**
- New! LOADED FRIES LG**

- LOADED CAULIFLOWER**
- New! WHITE CHEDDAR MAC**
- SIDE SALAD**
- CHILI GF**
- Add ANY DRY RUB OR QUESO**

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Fresh

SALADS

Swap chicken for fried shrimp on any entree salad



SIGNATURE CHICKEN SALAD

Mixed greens topped with Asiago cheese, bacon, candied pecans, grape tomatoes, sliced red bell peppers, and crispy sweet smokin' onions. Topped with your choice of chicken and dressing on the side. (772-1,198 cal. + dressing)

CHOICE OF CHICKEN:

- Fried Chicken
- Grilled Chicken
- Buffalo Chicken: Fried or Grilled
- Cajun Grilled Chicken



BLACKENED CHICKEN CAESAR

Blackened chicken, romaine, Parmesan and croutons, tossed in Caesar dressing. (414 cal. + dressing)

SOUTHWEST CHICKEN

Grilled chicken, served over assorted greens, topped with Cheddar Jack, tortilla strips, tomatoes, scallions, cilantro and jalapeños, served with chipotle ranch on the side. (513 cal. + dressing)

HARVEST GF

Mixed greens, topped with grilled chicken, candied pecans, dried cranberries, fresh apples and Bleu Cheese crumbles, tossed in our raspberry walnut vinaigrette. (518 cal. + dressing)

dressing

RANCH GF
(300 cal.)

CHIPOTLE RANCH
(295 cal.)

CAESAR GF
(450 cal.)

RASPBERRY WALNUT GF
(390 cal.)

HONEY MUSTARD GF
(267 cal.)

SIDE SALADS

SIDE CAESAR SALAD
(343 cal.)

SIDE GARDEN SALAD
(103 cal. + dressing)

Bountiful

BASKETS & BOWLS



CHICKEN TENDER BASKET

Crispy, juicy hand-breaded fried chicken tenders served with honey mustard or choice of dipping sauce and fries. 3 PIECE. (825 cal.+sauce) 4 PIECE. (965 cal.+sauce)

FISH & CHIPS

Crispy, fried fish with tartar sauce and fries. (856 cal.)

FRIED SHRIMP BASKET

Lightly breaded and fried shrimp; served with Garlic Medium sauce for dipping and fries. (887 cal.)



BBQ CHICKEN LOADED MAC BOWL

White Cheddar Mac & Cheese topped with crispy BBQ chicken, scallions and crispy sweet smokin' onions. (903 cal.) **12.99**



BUFFALO NACHO LOADED MAC BOWL

White Cheddar Mac & Cheese topped with buffalo medium crispy chicken, red onions, fresh jalapenos and tortilla strips. (913 cal.)



Signature

CHICKEN

HANDHELDS Served with natural cut fries **LG**

BUFFALO CHICKEN SANDWICH

Beer battered fried or grilled chicken breast, topped with Buffalo Hot sauce, bacon, lettuce and tomato, with choice of Bleu Cheese dip or ranch dressing. (Grilled 746/ Fried 814 cal.)

MVP CHICKEN SANDWICH

Our house beer battered fried or grilled chicken breast, topped with spicy mayo, and pickles on a brioche bun. (Grilled 715/ Fried 790 cal.)

BLUEBERRY CHIPOTLE BBQ CHICKEN SANDWICH

Our house beer battered chicken breast with spicy and sweet Blueberry BBQ sauce and topped with our lettuce, candied pecan, and dried cranberry spiced-slaw. (864 cal.)



SOUTHWESTERN CHICKEN WRAP

Grilled chicken, bacon, Cheddar Jack, candied pecans, tomatoes, crispy tortilla strips, shredded lettuce and queso, tossed with ranch dressing and wrapped in a warm tortilla. (897 cal.)

BUFFALO CHICKEN WRAP

Fried chicken, Cheddar Jack, Buffalo Hot, shredded lettuce, tomatoes, tortilla strips, ranch dressing and queso, tossed and wrapped in a warm tortilla. (781 cal.)

Premium

BURGERS*

Served with natural cut fries **LG**

BACON CHEESEBURGER

Topped with crispy bacon, American cheese, lettuce, tomato and pickles; on a brioche bun. (915 cal.)



BBQ BACON BURGER

Topped with Smokehouse BBQ Sauce, crispy bacon, Cheddar Jack cheese, pickles and an onion ring; on a brioche bun. (982 cal.)

SOUTHWEST VEGGIE BURGER VE

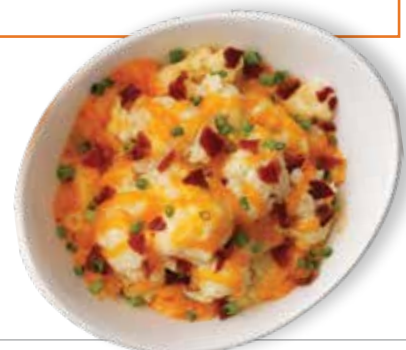
Black bean veggie burger topped with Cheddar Jack cheese, spicy mayo, lettuce, tomato and pickles; on a brioche bun. (902 cal.)

*Calorie counts for burgers, sandwiches, wraps, and baskets are listed separately. Calorie counts for sides are listed on the wing page. *Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*

upgrade YOUR SIDE

Choose from Loaded Cauliflower, Onion Rings, or more...

See previous page for options. Upcharge may apply.



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Delectable

DESSERTS



**CINNAMON ROLL
PRETZEL BITES**

Our pretzel bites, tossed in cinnamon sugar and topped with vanilla cream cheese icing. (897 cal.)

VANILLA ICE CREAM

With chocolate sauce. (131 cal.)

CHOCOLATE CHIP COOKIE

(190 cal.)

BROWNIE SUNDAE

Chocolate brownie topped with vanilla ice cream, whipped cream, chocolate sauce, caramel, and a cherry. (764 cal.)



special feature

Ask your server about our seasonal specials and local favorites!

Little-league

KIDS

All Lil' Buffs Kids' Meals come with milk or water and your choice of a side. Available for kids 10 and under.

BONELESS WINGS

Four grilled or fried boneless wings, served with your choice of sauce on the side. (176-180 cal.)

KID'S MAC & CHEESE

Everyone's favorite, Kraft® Macaroni & Cheese. (320 cal.)

CHEESEBURGER

Kid's sized burger, topped with American cheese (424 cal.)

GRILLED CHICKEN TENDERS

Two grilled chicken tenders served with your choice of sauce on the side. (230-780 cal.)

MINI CORN DOGS

Hot dogs dipped in corn meal batter and deep fried to perfection. (230 cal.)

**KIDS' DESSERT
CHOCOLATE CHIP COOKIE**

(190 cal.)

sides

APPLE SLICES
(40 cal.)

BROCCOLI
(72 cal.)

KID'S SALAD
(19-330 cal.)

FRIES
(456 cal.)



**WINGS
— and —
RINGS
cares**

Products we serve may contain or come in contact with the following ingredients: dairy, tree nuts, peanuts, shellfish, fish, soy, wheat, eggs. Ask your server about menu items that are cooked to order or served raw. Consuming raw or under-cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

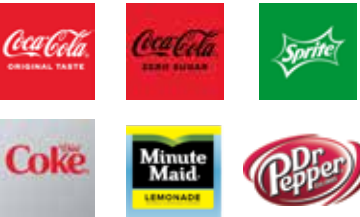
For full nutritional and allergy information visit: wingsandrings.com/nutrition

Refreshing

DRINKS

FOUNTAIN & TEA

WE PROUDLY SERVE *Coca-Cola*®
**PRODUCTS, DR. PEPPER &
ICED TEA**
(0-150 cal.)



Red Bull ENERGY DRINK
(110 cal.)

Red Bull SUGAR FREE
(10 cal.)

REFRESHERS

COCONUT COOLER

Coconut Reäl and lime juice with Sprite. (261 cal.)

POP ROCKING LEMONADE

Strawberry Reäl, fresh lemon juice, Sprite, and Pop Rocking candy. (221 cal.)

HOUSEMADE RED CREAM SODA
(190 cal.)

BLUEBERRY LEMONADE

Blueberry Reäl mixed with lemon juice, and Sprite. (221 cal.)

CHERRY LEMONADE
(200 cal.)

BLUE RASPBERRY LEMONADE
(170 cal.)

BEER

Ask your server about our full beer selection.



We **CATER TOO**



Scan to find our
catering menu to feed
your hungry crew.



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