



WINGS *and* **RINGS**[®]



Crispy SEASONED ONION RINGS
 Spice up your starter game with our classic rings, tossed in savory new seasonings.



YOUR *dream* NACHOS
 Buffalo Chicken Nachos

Seasoned RINGS

BUFFALO BLEU RINGS

Our thick-cut, crumb-breaded onion rings tossed in buffalo dry spice with a touch of Bleu Cheese flavor. Served with your choice of Bleu Cheese dip or ranch. (930-1,104 cal.)

SWEET SMOKIN' RINGS

Our thick-cut, crumb-breaded onion rings tossed in smoky BBQ chipotle with the perfect hint of sweetness. Served with your choice of Bleu Cheese dip or ranch. (942-1,115 cal.)

CLASSIC ONION RINGS

Our thick-cut, crumb-breaded rings served with 'Bama White BBQ dipping sauce. (1,069 cal.)



Shareable STARTERS

BUFFALO CHICKEN NACHOS



Tortilla chips layered with chicken tossed in our Buffalo Hot sauce, lettuce, tomatoes, red onions, fresh jalapeños, queso blanco, and Cheddar Jack. Served with your choice of Bleu Cheese dip or ranch dressing on the side. (820 cal. + dipping sauce)

ROASTED CORN QUESO DIP



Spicy chile-lime queso dip with roasted corn, topped with flamin' hot dust, and tortilla chips for dipping. (408 cal.)

FRIED PICKLE CHIPS VG

Hand-breaded and fried to perfection, served with ranch dressing. (470 cal.)

CHIPS AND QUESO LG

Queso blanco topped with Wings and Rings Chili and cilantro, served with tortilla chips. (529 cal.)

KOREAN SHRIMP

Lightly breaded, fried shrimp, tossed in Gochujang sauce atop a bed of Korean BBQ slaw with jalapeños, sesame seeds, and cilantro. (441 cal.)

RANCHERO TOTS

Oversized house-made tater tots, stuffed with bacon and cheese. Topped with fresh jalapeños, cilantro, and chipotle ranch. (642 cal.)

PRETZEL BITES



Soft and airy deep-fried pretzel bites, served with a generous portion of queso dipping sauce topped with fresh jalapeños, and fresh cilantro. (783 cal.)

CAULIFLOWER WINGS VE

Hand-breaded cauliflower, fried and drizzled in our signature Roasted Garlic Medium sauce and dusted with Parmesan cheese; or substitute your favorite wing sauce. A fresh spin on classic wings. (431 cal.)

MOZZARELLA STICKS

Served with a classic marinara dipping sauce. (665 cal.)

PARMESAN GARLIC AIOLI FRIES LG



Natural cut fries topped with Garlic Aioli and shaved Parmesan cheese. (1,157 cal.)

APPETIZER SAMPLER

Your choice of three: Pretzel Bites, Parmesan Garlic Aioli Fries, Mozzarella Sticks, Fried Pickles, or Onion Rings. Served with dipping sauces. (1,256-1,750 cal.)



FRESH
harvest **SALAD**

We combine tender pieces of grilled chicken with fresh ingredients and our assortment of crisp greens with a delicious vinaigrette.



Buffalo Chicken Salad

Fresh
SALADS

LARGE SALADS

BUFFALO CHICKEN

Grilled or fried chicken tossed in Buffalo Medium sauce, assorted greens, shredded carrots, cucumbers, tomatoes, red onions, croutons, and ranch dressing on the side. (408 cal. + dressing)



SOUTHWEST CHICKEN

Grilled chicken, served over a blend of greens, topped with avocado, Cheddar Jack, tortilla strips, tomatoes, scallions, cilantro and fresh jalapeños, served with chipotle ranch on the side. (513 cal. + dressing)



BLACKENED CHICKEN CAESAR

Blackened chicken, served over romaine leaves, topped with Parmesan and croutons, tossed in Caesar dressing. (414 cal. + dressing)

SOUTHWEST SALMON

Blackened salmon, served over a blend of greens, topped with avocado, Cheddar Jack, tortilla strips, tomatoes, scallions, cilantro and fresh jalapeños, served with chipotle ranch on the side. (602 cal. + dressing)

BLACKENED SALMON CAESAR

Blackened salmon, served over romaine leaves, topped with Parmesan and croutons, tossed in Caesar dressing. (503 cal. + dressing)

HARVEST GF

Assorted greens, topped with diced grilled chicken, candied pecans, dried cranberries, fresh apples and Bleu Cheese crumbles, tossed in our raspberry walnut vinaigrette. (518 cal. + dressing)

CLASSIC COBB GF

A blend of greens topped with diced grilled chicken, avocado, hard-cooked eggs, Applewood-smoked bacon, tomatoes and Bleu Cheese crumbles, served with our herbed vinaigrette on the side. (584 cal. + dressing)

dressing

- RASPBERRY WALNUT GF** (390 cal.)
- RANCH GF** (300 cal.)
- CHIPOTLE RANCH** (295 cal.)
- CAESAR GF** (420 cal.)
- BALSAMIC VINAIGRETTE GF** (210 cal.)
- HERBED VINAIGRETTE GF** (397 cal.)

SIDE SALADS & CHILI

- SMALL CAESAR SALAD** (343 cal.)
- SMALL GARDEN SALAD** (75 cal. + dressing)
- WINGS AND RINGS CHILI GF** (397 cal.)



OUR *craveworthy* WINGS

Our juicy chicken, smothered in your choice of wing sauce, from our lineup of classic and chef inspired flavors.

CHEF INSPIRED FLAVORS

Garlic-Q Boneless Wings

TENDER & JUICY GRILLED BONELESS

FLAVORFUL & MEATY TRADITIONAL WINGS

Craveworthy WINGS

1

CHOOSE YOUR WING *style*

BONELESS GRILLED GF OR FRIED

5	220/290 cal.
10	450/570 cal.
15	670/860 cal.
20	900/1,140 cal.

SMOKED WINGS

Hickory smoked traditional bone-in wings with your sauce choice on the side. Get 'em before they're gone!

5	260 cal.
10	520 cal.
15	780 cal.
20	1,040 cal.

TRADITIONAL LG

5	260 cal.
10	520 cal.
15	780 cal.
20	1,040 cal.

VEGGIE VE

Hand-breaded, crispy Cauliflower wings fried up and ready to get saucy.

A fresh spin on classic wings. (431 cal.)

2

CHOOSE YOUR *flavor*

CHEF INSPIRED FLAVORS

TERIYAKI 
(60-360 cal.)

*BLUEBERRY 
CHIPOTLE BBQ
(151-588 cal.)

SWEET 
THAI CHILI
(80-510 cal.)

*KOREAN 
(153-589 cal.)

SWEET 
HABANERO  GF
(25-150 cal.)

*GHOST 
PEPPER RANCH  GF
(209-813 cal.)

* An additional \$.50 for every 5 wings ordered

OR

CLASSIC FLAVORS

Pick a sauce from the list of classic flavors and customize your heat.

BUFFALO  GF
(20-830 cal.)

GARLIC PARMESAN  GF
(80-500 cal.)

GARLIC-Q  GF
(60-370 cal.)

ROASTED GARLIC  GF
(80-470 cal.)

BOURBON BBQ  GF
(90-540 cal.)

LEMON PEPPER  GF
(5-20 cal.)

SWEET BBQ  GF
(40-270 cal.)

SIGNATURE DRY RUBS

LEMON 
PEPPER  GF
(5-20 cal.)

CAJUN 
(5-20 cal.)

NASHVILLE 
HOT
(20-80 cal.)

CUSTOMIZE YOUR HEAT

 mild  medium  hot  xtra hot  atomic

can't decide? TRY A SAUCE FLIGHT

Get your favorite wing style unsauced with 3 dipping sauces on the side and discover the fringes of flavor your taste buds have been missing. Add sauce flight to any order of 5 or 10 wings.

3

ADD YOUR FAVORITE *side*

NATURAL CUT FRIES LG

Side (456 cal.)
Basket (810 cal.)

SEASONED POTATO WEDGES LG

Side (302 cal.)
Basket (541 cal.)

ADDITIONS FOR FRIES OR WEDGES

Cheddar Jack & Bacon
Side (295 cal.)
Basket (591 cal.)

Cajun Seasoning
Side (5 cal.)
Basket (11 cal.)

Queso Dip
Side (119 cal.)
Basket (179 cal.)

PARMESAN GARLIC AIOLI FRIES LG

Side (579 cal.)
Basket (1,157 cal.)



ONION RINGS

Classic Rings (423 cal.)
Buffalo Bleu Rings (465-552 cal.)
Sweet Smokin' Rings (471-558 cal.)

SARATOGA CHIPS LG
(221 cal.)

BROCCOLI GF
(72 cal.)

New! CHILE-LIME STREET CORN
(223 cal.)

New! LOADED CAULIFLOWER
(378 cal.)

HOMEMADE COLESLAW
(342 cal.)

SIDE CAESAR/GARDEN SALAD
(70-390 cal.)

WINGS AND RINGS CHILI GF
(397 cal.)

Signature
SANDWICHES

Served with your choice of natural cut fries **LG**, potato wedges, Saratoga chips **LG**, steamed broccoli **GF**, or homemade coleslaw.

CHICKEN SANDWICHES



BUFFALO CHICKEN SANDWICH

Our house beer battered fried or grilled chicken breast, topped with our Buffalo Hot sauce, Applewood-smoked bacon, lettuce, and tomato. Served on a brioche bun with your choice of Bleu Cheese dip or ranch dressing. (Grilled 746/ Fried 814 cal.)



MVP CHICKEN SANDWICH

Our house beer battered fried or grilled chicken breast, topped with spicy mayo, and pickles on a brioche bun. (Grilled 715/ Fried 790 cal.)



KOREAN CHICKEN SANDWICH

The beast from the east: Our house beer battered fried chicken breast topped with Korean sauce and spicy Asian slaw on a brioche bun. (710 cal.)



BLUEBERRY CHIPOTLE BBQ CHICKEN SANDWICH

Our house beer battered chicken breast, with spicy and sweet Blueberry BBQ Sauce and topped with spicy slaw mixed with candied pecans and dried cranberries. (864 cal.)

SPECIALTY SANDWICHES

DOUBLE BBQ PORK

Tender pulled pork, Sweet BBQ, and 'Bama White BBQ sauce, topped with one of our signature onion rings; served on a brioche bun. (757 cal.)

SANTA FE STEAK

Thinly sliced steak, melted Pepper Jack cheese, onions, bell peppers, fresh jalapeños, and spicy mayo; served on a brioche bun. (747 cal.)

BAYOU SALMON

Blackened salmon with Applewood-smoked bacon, garlic aioli, greens, and tomatoes; served on a brioche bun. (891 cal.)

side upgrades

SWAP YOUR SIDE

ONION RINGS
 Classic Rings (423 cal.)
 Buffalo Bleu Rings (465-552 cal.)
 Sweet Smokin' Rings (471-558 cal.)

New! **CHILE-LIME STREET CORN**
 (223 cal.)

New! **LOADED CAULIFLOWER**
 (378 cal.)

SIDE CAESAR/GARDEN SALAD
 (70-390 cal.)

WINGS AND RINGS CHILI GF
 (397 cal.)

ADD-ONS FOR FRIES OR WEDGES

PARMESAN GARLIC AIOLI
 (+279 cal.)

CHEDDAR JACK & BACON
 (+295 cal.)

QUESO DIP
 (+119 cal.)

CAJUN SEASONING
 (+5 cal.)



GF=GLUTEN FREE LG=LOW GLUTEN VE=VEGETARIAN VG=VEGAN



Buffalo Chicken Sandwich

CHICKEN Sandwiches

A new league of superior chicken sandwiches made with a premium-cut chicken breast, next-level toppings, and our house-made beer batter. Then fried to perfection so they're extra crispy on the outside and juicy on the inside.

NEXT-LEVEL TOPPINGS

HOUSE-MADE BEER BATTER

MVP Chicken Sandwich

Signature SANDWICHES



GHOST PEPPER RANCH BURGER

A spicy favorite that brings the heat in each bite.

FRESH AVOCADO

Premium & Savory BURGERS*

Served with your choice of natural cut fries **LG**, potato wedges, Saratoga chips **LG**, steamed broccoli **GF**, or homemade coleslaw.

GHOST PEPPER RANCH BURGER



Ghost Pepper Ranch, avocado, fresh jalapeños, Pepper Jack cheese, cilantro, and pickles; served on a brioche bun. (903 cal.)

BBQ BACON BURGER



This fan favorite is topped with our Sweet BBQ Sauce, Applewood-smoked bacon, Cheddar Jack cheese, pickles, and an onion ring; served on a brioche bun. (982 cal.)

CHEESEBURGER

Your choice of: American, Pepper Jack, Cheddar Jack cheese or Bleu cheese crumbles. Served on a brioche bun with lettuce, tomato, and pickles. (720-830 cal.)

BLACK N' BLEU BURGER



Seared with Cajun spices, topped with Bleu Cheese crumbles, Applewood-smoked bacon, and our famous Bleu Cheese dip. Served on a brioche bun with lettuce, tomato, and pickles. (1,224 cal.)

BACON CHEESEBURGER

Topped with Applewood-smoked bacon and American cheese. Served on a brioche bun with lettuce, tomato, and pickles. (915 cal.)

SOUTHWEST VEGGIE BURGER **VG**

Made with black beans and topped with cucumber, avocado, Cheddar Jack cheese, chipotle mayo, lettuce, tomato, and pickles; served on a brioche bun. (902 cal.)

side upgrades

Upgrades can be swapped on Burgers and Baskets.

SWAP YOUR SIDE

ONION RINGS

Classic Rings (423 cal.)
Buffalo Bleu Rings (465-552 cal.)
Sweet Smokin' Rings (471-558 cal.)

WINGS AND RINGS CHILI **GF**

(397 cal.)

New! CHILE-LIME STREET CORN

(223 cal.)

New! LOADED CAULIFLOWER

(378 cal.)

SIDE CAESAR/GARDEN SALAD

(70-390 cal.)

ADD-ONS FOR FRIES OR WEDGES

PARMESAN GARLIC AIOLI

(+279 cal.)

CHEDDAR JACK & BACON

(+295 cal.)

QUESO DIP

(+119 cal.)

CAJUN SEASONING

(+5 cal.)



Fresh NEW SIDES

Chile-Lime Street Corn and Loaded Cauliflower

Bountiful BASKETS

Served with your choice of natural cut fries **LG**, potato wedges, Saratoga chips **LG**, steamed broccoli **GF**, or homemade coleslaw.

CHICKEN TENDER BASKET

Crispy, juicy hand-breaded fried chicken tenders served with your choice of dipping sauce and fries.
3 PIECE. (825 cal. + sauce)
4 PIECE. (965 cal. + sauce)

FISH N' CHIPS BASKET

Wild-caught Haddock fillet, house-made beer batter, with our tartar sauce, coleslaw, and natural cut fries. (856 cal.)



OLD BAY FRIED SHRIMP BASKET

Lightly breaded and fried shrimp, seasoned with Old Bay spices. Served with our Garlic Medium sauce for dipping and a side of natural cut fries. (887 cal.)

Calorie counts for burgers, sandwiches, and sides are listed separately. *Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

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HEALTHY SIDE OPTIONS

KID'S *cheeseburger*

Litte-league
KIDS

All Lil' Buffs Kids' Meals come with milk or water and your choice of a side. Available for kids 10 and under.

BONELESS WINGS

Four grilled or fried boneless wings, served with your choice of sauce on the side. (176-180 cal.)

KID'S MAC & CHEESE

Everyone's favorite, Kraft® Macaroni & Cheese. (320 cal.)

CHEESEBURGER

Kid's portion of our fresh-pressed burger, topped with American cheese. (424 cal.)

GRILLED CHICKEN TENDERS

Two grilled chicken tenders served with your choice of sauce on the side. (230-780 cal.)

MINI CORN DOGS

Hot dogs dipped in corn meal batter and deep fried to perfection. (230 cal.)

KID'S GRILLED CHEESE

Toasted garlic bread with melty American cheese. (492 cal.)

KIDS' DESSERT

CHOCOLATE CHIP COOKIE
(190 cal.)

sides

APPLE SLICES (40 cal.)	KID'S SALAD (19-330 cal.)
BROCCOLI (72 cal.)	FRIES (456 cal.)

Delectable
DESSERTS

BROWNIE SUNDAE

Chocolate brownie topped with vanilla ice cream, whipped cream, chocolate sauce, caramel, and a cherry. (764 cal.)



VANILLA ICE CREAM

Served with chocolate sauce. (131 cal.)

CHOCOLATE CHIP COOKIE

(190 cal.)

TURTLE LAVA CAKE

Served warm with vanilla ice cream, topped with chopped pecans and chocolate sauce. (731 cal.)



Brownie Sundae

Refreshing
DRINKS

NON-ALCOHOLIC

FOUNTAIN & TEA

Freshly Brewed Iced Tea. (3 cal.)

WE PROUDLY SERVE *Coca-Cola* PRODUCTS & DR. PEPPER (0-150 cal.)



Red Bull ENERGY DRINK (110 cal.)

Red Bull SUGAR FREE (10 cal.)

BEER

Ask your server about our full beer selection.



REFRESHERS

COCONUT COOLER

Coconut Reäl and lime juice with Sprite. (261 cal.)

POP ROCKING LEMONADE

Strawberry Reäl, hand-squeezed fresh lemon juice, Sprite, and Pop Rocks. (221 cal.)

BLUEBERRY LEMONADE

Blueberry Reäl mixed with lemon juice, and Sprite. (221 cal.)

CHERRY LEMONADE

(200 cal.)

BLUE RASPBERRY LEMONADE

(170 cal.)



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WINGS and RINGS cares

We'd like our guests to know that the products served here may contain or come in contact with the following ingredients: dairy, tree nuts, peanuts, shellfish, fish, soy, wheat, eggs. Ask your server about menu items that are cooked to order or served raw. Consuming raw or under-cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

GF GLUTEN FREE: Based on the most current ingredient information from our food suppliers and independent third-party gluten testing, these items contain fewer than 20ppm/gluten. Please alert your server of any dietary restrictions to avoid cross-contamination with an item containing gluten.

LG LOW GLUTEN ITEMS: These menu items are naturally gluten free, but since we prepare these items from scratch, and operations involve shared cooking and prep areas – including common fryer oil – the possibility exists for these items to come in contact with other gluten-containing items.

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